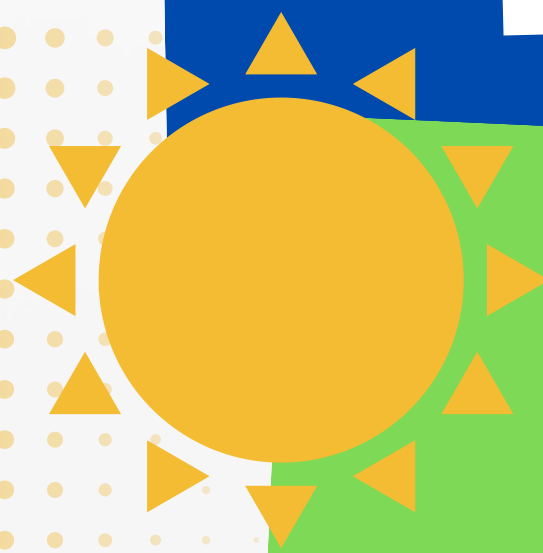
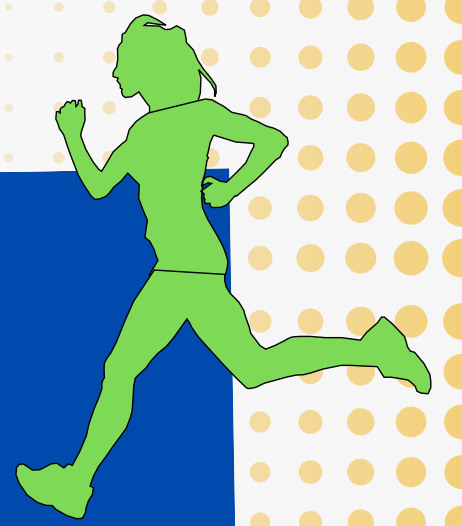




RUN CLUB



SUMMER 2023

THURSDAYS @ MVHS TRACK
JUNE 8, 15, 22, 29

9:30 AM

ALL AGES WELCOME!
GROUP WARM-UP AND THEN WILL DIVIDE INTO
BEGINNER AND ADVANCED GROUPS

REGISTER AT
[MOVEGROWTHRIVE.COM/RUN](https://movegrowthrive.com/run)

JOIN US AS WE TRAIN FOR
the 2nd ANNUAL

4th of July Fun Run

Details coming soon!

DISCLAIMER: NOT SPONSORED BY MVCSD